

Bernard Food Industries, Inc. Products for Next Day Gourmet

CALORIE CONTROL BRAND PRODUCTS

CHEESECAKE MIXES - Yield: 144 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie, No Sugar Added and Low-Sodium. NO COOKING. Just add cold skim milk, mix and presto!

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
553043	193236	2351823	Cheesecake Mix	6 @ 12 oz.	5.25 lb.
553063	193237	5403159	Cheesecake Mix, Chocolate	6 @ 12 oz.	5.25 lb.
553083	193238	6403158	Cheesecake Mix, Chocolate Chip	6 @ 12 oz.	5.25 lb.
553093	426753	5891759	Cheesecake Mix, Pumpkin	6 @ 12 oz.	5.25 lb.

CUSTARD MIX - Yield: 396 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie and Low-Sodium. Instant! No baking required.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
522061	193240	5381009	Custard Mix	12 @ 6 oz.	8.00 lb.

DRINK MIXES: FRUIT FLAVORED - Yield: 24 gallons **Gluten-Free and Zero Trans Fat**

Sugar-Free, Fat-Free, Sodium-Free. Quick and easy to prepare.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
415021	115153	2402865	Cherry	12 @ 2 oz.	2.00 lb.
415031	115151	6402861	Apple Cider	12 @ 2 oz.	2.00 lb.
415051	193479	2402881	Instant Tea	12 @ 2 oz.	2.00 lb.
415061	115160	6402887	Raspberry Kiwi	12 @ 2 oz.	2.00 lb.
415071	115154	8402885	Lemonade	12 @ 2 oz.	2.00 lb.
415081	115155	3402898	Orange	12 @ 2 oz.	2.00 lb.
415091	115156	7402894	Papaya	12 @ 2 oz.	2.00 lb.
415101	115158	1402908	Pink Lemonade	12 @ 2 oz.	2.00 lb.
415111	115157	3210754	Pina Colada	12 @ 2 oz.	2.00 lb.
415121	115162	5402904	Red Grape	12 @ 2 oz.	2.00 lb.
415131	115163	2210755	Strawberry Lemonade	12 @ 2 oz.	2.00 lb.
415141	115164	8402901	Tropical Fruit	12 @ 2 oz.	2.00 lb.

DRINK MIXES: FRUIT FLAVORED ASSORTMENTS - Yield: 24 gallons **Gluten-Free and Zero Trans Fat**

Sugar-Free, Fat-Free, Sodium-Free. Quick and easy to prepare.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
415163	193222	9396623	Assortment #1 3 Cherry 3 Lemon 3 Orange 3 Red Grape	12 @ 2 oz.	2.00 lb.
415173	193223	9340333	Assortment #2 2 Papaya 2 Pina Colada 2 Pink Lemonade 2 Raspberry Kiwi 2 Strawberry Lemonade 2 Tropical Fruit	12 @ 2 oz.	2.00 lb.

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DRINK MIXES: EGG NOG - Yield: 4-1/2 gallons **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie, No Added Sugar. Requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
421023	092179	8396632	Egg Nog	6 @ 15 oz.	7.63 lb.

DRINK MIXES: HOT COCOA - Yield: 18 gallons **Gluten-Free**

Does not contain salt as a major ingredient. Does not require the addition of milk to prepare.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
424023	193225	6402986	Hot Cocoa	12 @ 13.5 oz.	14.13 lb.

DRINK MIXES: MILK SHAKES - Yield: 18 gallons **Gluten-Free and Zero Trans Fat**

Low-Fat, Sugar-Free, Low-Sodium. Just add skim milk, whip and serve.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
421083	193227	6402978	Chocolate	6 @ 12 oz.	6.50 lb.
421103	193228	8402976	Vanilla	6 @ 12 oz.	6.50 lb.

FRUIT TREAT DESSERTS & TOPPINGS - Yield: 138 - 1/4 cup servings **Gluten-Free and Zero Trans Fat**

Low-Sodium. Just add water to complete this pie filling product.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
537023	193229	5272760	Apple-Cinnamon	6 @ 13 oz.	6.88 lb.
537043	193230	1272764	Blueberry	6 @ 13 oz.	6.88 lb.
537063	193231	2272763	Cherry	6 @ 13 oz.	6.88 lb.
537073	193232	3403128	Peach	6 @ 13 oz.	6.88 lb.
537083	193233	5403126	Pina Colada	6 @ 13 oz.	6.88 lb.
537103	193234	1205897	Strawberry	6 @ 13 oz.	6.88 lb.

GELATIN DESSERT MIXES - Yield: 576 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Made with 300 Bloom Gelatin. Great with Calorie Control Whip Topping Mix.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
506310	193241	9398363	Blueberry	18 @ 2.75 oz.	3.82 lb.
506320	193242	4398327	Cherry	18 @ 2.75 oz.	3.82 lb.
506330	193243	2398378	Cranberry	18 @ 2.75 oz.	3.82 lb.
506340	193244	6398333	Lemon	18 @ 2.75 oz.	3.82 lb.
506360	193245	7398373	Lime	18 @ 2.75 oz.	3.82 lb.
506380	193246	1398346	Orange	18 @ 2.75 oz.	3.82 lb.
506400	193247	1381003	Peach	18 @ 2.75 oz.	3.82 lb.
506420	193248	3398351	Raspberry	18 @ 2.75 oz.	3.82 lb.
506440	193250	6398390	Red Grape	18 @ 2.75 oz.	3.82 lb.
506450	193251	1398403	Sour Apple	18 @ 2.75 oz.	3.82 lb.
506460	193252	7398357	Strawberry	18 @ 2.75 oz.	3.82 lb.
506470	193253	4398400	Strawberry Banana	18 @ 2.75 oz.	3.82 lb.
506480	193254	2381002	Tangerine	18 @ 2.75 oz.	3.82 lb.
506490	193255	5398409	Watermelon	18 @ 2.75 oz.	3.82 lb.

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GELATIN DESSERT MIXES: ASSORTMENTS- Yield: 576 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**
 Made with 300 Bloom Gelatin. Great with Calorie Control Whipped Topping Mix.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
506565	193283	3381001	Assorted Red Flavors	18 @ 2.75 oz.	3.82 lb.
			5 Cherry	5 @ 2.75 oz.	
			4 Raspberry	4 @ 2.75 oz.	
			4 Red Grape	4 @ 2.75 oz.	
			5 Strawberry	5 @ 2.75 oz.	
506585	193284	5396635	Assorted Citrus Flavors	18 @ 2.75 oz.	3.82 lb.
			4 Lemon	4 @ 2.75 oz.	
			4 Peach	4 @ 2.75 oz.	
			3 Lime	3 @ 2.75 oz.	
			4 Orange	4 @ 2.75 oz.	
			3 Tangerine	3 @ 2.75 oz.	
506595	193285	1347194	Assorted Fruit Flavors	18 @ 2.75 oz.	3.82 lb.
			3 Blueberry	3 @ 2.75 oz.	
			3 Peach	3 @ 2.75 oz.	
			3 Sour Apple	3 @ 2.75 oz.	
			3 Strawberry Banana	3 @ 2.75 oz.	
			3 Tangerine	3 @ 2.75 oz.	
			3 Watermelon	3 @ 2.75 oz.	

GLAZE MIXES - Yield: 600 - 1/4 cup servings **Gluten-Free and Zero Trans Fat**
 Fat-Free, Sodium-Free. Great as a topping.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
549021	193271	7403140	Golden Glaze	12 @ 8.5 oz.	10.38 lb.
549041	193272	8403149	Strawberry Glaze	12 @ 8.5 oz.	10.38 lb.

ICING MIXES - Yield: 144 - 3 tbsp. servings **Gluten-Free and Zero Trans Fat**
 Low-Sodium, Cholesterol-Free. Requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
547011	193273	7306715	Cream Cheese	12 @ 8.5 oz.	10.38 lb.
547021	193286	8210759	Chocolate	12 @ 8.5 oz.	10.38 lb.
547031	193274	7358823	Lemon	12 @ 8.5 oz.	10.38 lb.
547041	193287	1210764	Vanilla	12 @ 8.5 oz.	10.38 lb.

ICING MIXES - ASSORTMENT - Yield: 144 - 3 tbsp. servings **Gluten-Free and Zero Trans Fat**
 Low-Sodium, Cholesterol-Free. Requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
547101	193483	8213159	Diet Icing Assortment	6 @ 8.50 oz.	
			3 Vanilla		
			3 Chocolate		

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MOUSSE DESSERT MIXES - Yield: 192 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie and Low-Sodium. It's instant and so easy to prepare.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
523023	193282	7190788	Chocolate	6 @ 12 oz.	5.25 lb.
523033	193280	4355343	Key Lime	6 @ 12 oz.	5.25 lb.
523043	194288	5399399	Lemon	6 @ 12 oz.	5.25 lb.
523053	193278	6355341	Peach	6 @ 12 oz.	5.25 lb.
523063	193279	2396679	Strawberry	6 @ 12 oz.	5.25 lb.
523073	193275	4205829	French Vanilla	6 @ 12 oz.	5.25 lb.
523083	193277	7386238	Mocha Cappuccino	6 @ 12 oz.	5.25 lb.
523093	193488	9381005	White Chocolate	6 @ 12 oz.	5.25 lb.
523103	194237	9386236	Raspberry	6 @ 12 oz.	5.25 lb.

PIE FILLING AND PUDDING MIX - Yield: 312 - 1/2 cup servings **Gluten-Free**

Low-Fat, Reduced-Calorie and Low-Sodium. Can also be combined with our Cheesecake Mix.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
523523	193281	6223085	Pumpkin Pie Filling & Pudding Mix	12 @ 16 oz.	16.00 lb.

PUDDING DESSERT MIXES - Yield: 156 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie and Low Sodium. Instant - add water only.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
520021	193288	3396645	Banana	12 @ 8 oz.	6.60 lb.
520041	193290	4381000	Butterscotch	12 @ 8 oz.	6.60 lb.
520061	193289	5403076	Chocolate	12 @ 8 oz.	6.60 lb.
520071	193292	7381007	Chocolate Mint	12 @ 8 oz.	6.60 lb.
520081	193293	9403072	Coconut	12 @ 8 oz.	6.60 lb.
520121	193294	2355345	Lemon	12 @ 8 oz.	6.60 lb.
520131	193295	4366399	Pistachio	12 @ 8 oz.	6.60 lb.
520141	193297	9403080	Vanilla	12 @ 8 oz.	6.60 lb.
520151	193296	4210753	Strawberry-Banana	12 @ 8 oz.	6.60 lb.

PUDDING DESSERT MIXES - Yield: 312 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Low-Fat, Reduced-Calorie and Low Sodium. Instant - add water only.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
520023	193298	8403040	Banana	12 @ 16 oz.	16.00 lb.
520043	193299	8403065	Butterscotch	12 @ 16 oz.	16.00 lb.
520053	193301	1403070	Chocolate Almond	12 @ 16 oz.	16.00 lb.
520063	193300	6381008	Chocolate	12 @ 16 oz.	16.00 lb.
520073	193302	6403075	Chocolate Mint	12 @ 16 oz.	16.00 lb.
520083	193303	1403088	Coconut	12 @ 16 oz.	16.00 lb.
520173	354264	5599469	Dulce de Leche (Caramel)	12 @ 16 oz.	16.00 lb.
520123	193304	4403085	Lemon	12 @ 16 oz.	16.00 lb.
520183	354291	5599725	Mocha Cappuccino	12 @ 16 oz.	16.00 lb.
520193	354293	5599741	Orange Crème	12 @ 16 oz.	16.00 lb.
520133	193305	6403083	Pistachio	12 @ 16 oz.	16.00 lb.
520143	193307	8381006	Vanilla	12 @ 16 oz.	16.00 lb.
520153	193306	3403094	Strawberry-Banana	12 @ 16 oz.	16.00 lb.

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PUDDING DESSERT MIXES - ASSORTMENT Yield: 312 - 1/2 cup servings.
Low-Fat, Reduced-Calorie and Low Sodium. Instant - add water only.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
520001	194424	2396653	Pudding Assortment #1 4 Vanilla 3 Chocolate 2 Lemon 3 Butterscotch	12 @ 8 oz.	16.00 lb.

PUDDING DESSERT MIXES - ASSORTMENT - Yield: 312 - 1/1 cup servings.
Low-Fat, Reduced-Calorie and Low Sodium. Instant - add water only.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
520013	193459	4372462	Pudding Assortment #2 2 Vanilla 2 Chocolate 2 Butterscotch 2 Lemon 2 Banana 2 Coconut	12 @ 16 oz.	16.00 lb.

PUDDING DESSERT MIXES - Yield: 216 - 1/2 cup servings
Low-Fat, Low-Sodium and Reduced-Calorie. Just add water. (Requires cooking).

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
519055	193308	2396612	Tapioca	12 @ 14 oz.	14.50 lb.

SPRINKLES - Yield: 720 - 1/2 tsp. Servings
Sugar-Free, Sodium-Free and Cholesterol-Free. Shaker-top jar and 3 great flavors.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
550021	193309	2403152	Cinnamon	12 @ 2.5 oz.	3.25 lb.
550041	193310	3403151	Maple	12 @ 2.5 oz.	3.25 lb.
550061	193311	4403150	Strawberry	12 @ 2.5 oz.	3.25 lb.

TEM-TATION FRUIT DESSERT BASE - Yield: 192 - 1/2 cup servings
Low-Fat, Reduced-Calorie and Low-Sodium. Just add water and fresh or frozen fruit.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
520113	193449	6190748	Tem-Tation Fruit Dessert Base	6 @ 16 oz.	8.00 lb.

WHIPPED TOPPING MIX - Yield: 1,536 - 2 tbsp. Servings
Sugar-Free, Low-Calorie and Low-Sodium. Complete mix - just add ice water or skim milk.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
548021	193448	8205882	Whipped Topping Mix	12 @ 6 oz.	8.00 lb.

HIGH YIELD DRINK MIXES - Yield: 384 gallons per case.
Sugar-Free, Low-Calorie, Sodium-Free. For a great beverage base, just add cold water and ice.

Gluten-Free and Zero Trans Fat

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
416047	193313	4403242	Fruit Punch	6 @ #10	29.00 lb.
416067	193314	5403241	Grape	6 @ #10	29.00 lb.
416087	193315	6403240	Lemonade	6 @ #10	29.00 lb.
416107	193316	8403248	Orange	6 @ #10	29.00 lb.

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BERNARD BRAND PRODUCTS

BROWNIE MIXES, DIET - Yield: 12 - 9" x 13" sheet pans **Zero Trans Fat**

Sugar-Restricted, Low-Fat, Low-Sodium and No Cholesterol. No "diet" taste.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
539003	193317	3355351	Butterscotch	12 @ 16 oz.	16.00 lb.
539033	193323	8215089	Chocolate	12 @ 16 oz.	16.00 lb.

COOKIE MIXES, DIET - Yield: 768 - 1 1/2" cookies **Zero Trans Fat**

Simply add water - no other additional ingredients needed. A real treat to the healthcare patient.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
539203	193319	5403134	Oatmeal	12 @ 16 oz.	16.00 lb.
540043	193318	1403146	Chocolate Chip	12 @ 16 oz.	16.00 lb.

BROWNIE AND COOKIE MIXES, DIETARY - ASSORTMENT **Zero Trans Fat**

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
539303	193320	6396584	Brownie & Cookie Assortment	12 @ 16 oz.	16.00 lb.
			4 Butterscotch Brownie	4 @ 4 oz.	
			4 Chocolate Brownie	4 @ 4 oz.	
			4 Chocolate Chip Cookie	4 @ 4 oz.	

BAKERY MIXES: CAKE MIXES, DIETARY - Yield: 24 - 8" round cakes **Zero Trans Fat**

Sugar-Free, Low-Fat, Cholesterol-Free and Low-Sodium. Sweeter taste without the sugar. Sweetened with Ace-K sweetener

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
539023	193324	2396241	Banana	12 @ 16 oz.	13.50 lb.
539043	193325	3306719	Chocolate	12 @ 16 oz.	13.50 lb.
539063	193326	1381011	Gingerbread	12 @ 16 oz.	13.50 lb.
539083	193327	5355359	Lemon	12 @ 16 oz.	13.50 lb.
539103	193328	9371261	Orange	12 @ 16 oz.	13.50 lb.
539123	193329	3214244	Pound	12 @ 16 oz.	13.50 lb.
539143	193330	7371057	Spice	12 @ 16 oz.	13.50 lb.
539163	193447	6306716	White	12 @ 16 oz.	13.50 lb.
539183	193331	5306717	Yellow	12 @ 16 oz.	13.50 lb.

BAKERY MIXES: CAKE MIXES, DIETARY - ASSORTMENT Yield: 24 - 8" round cakes **Zero Trans Fat**

Sugar-Free, Low-Fat, Cholesterol-Free and Low-Sodium. Sweeter taste without the sugar. Sweetened with Ace-K sweetener

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
539763	226731	6203715	Diet Cake Assortment	12 @ 16 oz.	13.50 lb.
			3 White		
			3 Chocolate		
			3 Pound		
			3 Spice		

BAKERY MIXES: CAKE MIXES, DIETARY, FRUITED - Yield: 24 - 8" round cakes **Zero Trans Fat**

No Sugar Added, Low-Fat, Low-Sodium and Cholesterol Free. Can also be prepared as teaspoon cookies.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
537523	193332	4340337	Apple-Cinnamon	12 @ 16 oz.	13.50 lb.
537543	193333	7355340	Blueberry	12 @ 16 oz.	13.50 lb.
537563	193335	9355348	Cherry	12 @ 16 oz.	13.50 lb.
539013	193334	4355350	Carrot	12 @ 16 oz.	13.50 lb.

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BAKERY MIX - BISCUIT - Yield: 132 to 264 biscuits, depending on size. **Zero Trans Fat**
 Sugar-Restricted, Low-Sodium and Low-Cholesterol.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
540025	193338	8403131	Biscuit - Low Sodium	12 @ 16 oz.	16.00 lb.

BAKERY MIX - CORNBREAD, DIET - Yield: 12 - 9" x 13" sheet pans **Zero Trans Fat**
 Sugar-Free, Low-Sodium, Low-Fat and Cholesterol-Free. Directions for Cornbread Muffins, too!

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
540063	193339	2403145	Dietary Cornbread & Muffin Mix	12 @ 16 oz.	16.00 lb.

BAKERY MIX: CRISP TOPPING MIX, DIET - Yield: 270 - 2 tbsp. Servings **Zero Trans Fat**
 Sugar-Free, Sodium-Free and Cholesterol-Free. Simple sprinkle this product on top of filling and bake-nothing like it.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
548521	194426	8414781	Dietary Crisp Topping Mix	12 @ 16 oz.	8.00 lb.

BAKERY MIX - PANCAKE MIX, DIET - Yield: 660 - 3" pancakes **Zero Trans Fat**
 Sugar-Free, Cholesterol-Free, Fat-Free and Low-Sodium.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
205123	193340	6214373	Dietary Pancake Mix	12 @ 16 oz.	16.00 lb.

COATING MIX, LOW SODIUM - Yield: 600 servings **Zero Trans Fat**
 Low-sodium. No heavy coating and no greasy taste and can be used to coat fish, chops or whenever coating is desired.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
311147	106959	0415653	Low Sodium Oven Crispin' Coating Mix	6 @ #10	20.00 lb.

CUSTARD MIX - DIETARY - Yield: 12/20 oz. - 216 -1/2 cup servings, 6/3lb., 13 oz. - 324 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**
 Sugar-Restricted and Low-Cholesterol. Great "no bake" dessert.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
527045	193353	6403117	Dietary Vanilla Custard	12 @ 20 oz.	19.00 lb.
527047	193354	6403323	Dietary Vanilla Custard	6 @ 3 lbs., 12 oz.	27.50 lb.

GRAVY MIXES, LOW SODIUM - Yield: 768 - 2 oz. Servings **Zero Trans Fat**
 Low-Sodium and Fat-Free. Easy to handle pouches. Just add water. Great over meat, potatoes or vegetables.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
300523	193363	6402788	Brown Gravy Mix	12 @ 9.5 oz.	8.64 lb.
300543	193364	7402787	Chicken Gravy Mix	12 @ 9.5 oz.	8.64 lb.

SAUCE MIXES, LOW SODIUM **BBQ & Spaghetti are Gluten-Free and Zero Trans Fat**
 "The Salt is Out - The Flavor is In". Cheese Sauce has No Sugar Added.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
308023	193413	8402810	BBQ Sauce Mix, Low Sodium	6 @ 19 oz.	9.13 lb.
308083	193414	2402824	Cheese Sauce Mix, Diet	6 @ 16 oz.	8.00 lb.
308123	193415	4402822	Spaghetti Sauce Mix, Low Sodium	6 @ 18 oz.	8.75 lb.

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BERNARD BRAND PRODUCTS

SOUP MIXES, LOW SODIUM

Beef is Gluten-Free - Both have Zero Trans Fat

Low-Sodium bases that can be used as a flavoring agent for gravies, sauces and stews, in addition to a great soup.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
108025	193416	8402737	Beef	6 @ 25 oz.	11.375 lb.
108085	193418	1402759	Chicken	6 @ 25 oz.	11.375 lb.

HIGH PROTEIN PRODUCTS

HIGH PROTEIN PLUS: INSTANT BREAKFAST MIX - Yield: 100 - 8 oz. Servings

Gluten-Free and Zero Trans Fat

In convenient portion pack form, these fine nutritional supplements can be prepared, literally in seconds.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
427021	193365	2403012	Chocolate Flavor	100 @ 1.25 oz.	9.25 lb.
427081	193366	4403010	Strawberry Flavor	100 @ 1.25 oz.	9.25 lb.
427101	193367	6403018	Vanilla Flavor	100 @ 1.25 oz.	9.25 lb.

HIGH PROTEIN: BROTH MIXES - Yield 72 - 8 oz. Servings

Beef is Gluten-Free - Both have Zero Trans Fat

Great tasting, easy to swallow, hot broth with light consistency. Provides alternative to cold High Protein Supplements.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
109023	491445	6835748	Beef	6 @ 16 oz.	6.20 lb.
109043	491145	6832745	Chicken	6 @ 16 oz.	6.20 lb.

HIGH PROTEIN: BROWNIE MIX - Yield: 240 brownies

Zero Trans Fat

Calcium enriched and Cholesterol-Free. Great tasting, cost effective and easy to prepare. Complete mix - just add water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
531053	194425	4414074	Chocolate	12 @ 20 oz.	16.50 lb.

HIGH PROTEIN: CEREALS

Zero Trans Fat

Can be prepared with either milk or water. Excellent for use in all healthcare establishments, especially for geriatric feeding.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
219005	193473	4402780	Oatmeal	8 @ 27.5 oz.	15.25 lb.
219205	194429	4398590	Farina	8 @ 27.5 oz.	15.25 lb.

HIGH PROTEIN: INSTANT CREAM SOUP BASE - Yield: 108 - 8 oz. Servings

Gluten-Free and Zero Trans Fat

Calcium enriched and Cholesterol-Free. Great tasting, cost effective and easy to prepare.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
102075	303712	3398435	Instant Cream Soup Base	12 @ 14 oz.	12.00 lb.

HIGH PROTEIN: FOOD SUPPLEMENT MIXES (HI-PRO) - Yield: 288 - 8 oz. Servings

Gluten-Free and Zero Trans Fat

Easy to reconstitute with whole milk. High in protein and calories with an excellent balance of vitamins and minerals.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
418047	193377	5403266	Chocolate	6 @ 3 lb. 12 oz.	27.50 lb.
418067	193378	7398423	Neutral	6 @ 3 lb. 12 oz.	27.50 lb.
418087	193379	6403265	Strawberry	6 @ 3 lb. 12 oz.	27.50 lb.
418107	193380	8403263	Vanilla	6 @ 3 lb. 12 oz.	27.50 lb.

Bernard Food Industries, Inc. Products for Next Day Gourmet

HIGH PROTEIN PRODUCTS

HIGH PROTEIN: GELATIN MIXES - Yield: 84 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Excellent supplemental source of High Quality Protein for clear liquid diet application.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
508021	193382	1402833	Cherry	12 @ 10 oz.	11.00 lb.
508041	193383	2403046	Orange	12 @ 10 oz.	11.00 lb.
508061	193384	3403045	Raspberry	12 @ 10 oz.	11.00 lb.
508081	193385	4403044	Strawberry	12 @ 10 oz.	11.00 lb.

HIGH PROTEIN: MASHED POTATO MIX - Yield: 96 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

High Protein and calcium enriched. Instant, complete product requiring only the addition of boiling water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
210235	177637	4414108	Mashed Potato	12 @ 18 oz.	15.00 lb.

HIGH PROTEIN: MILK SHAKES, FORTIFIED (Milk Shake Plus) - Yield: 288 - 8 oz. servings **Gluten-Free**

High Protein and fortified in 3 delicious flavors.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
419027	193386	2403277	Chocolate	6 @ #10	27.50 lb.
419047	193387	5403308	Strawberry	6 @ #10	27.50 lb.
419067	193388	7403306	Vanilla	6 @ #10	27.50 lb.

HIGH PROTEIN: MUFFIN MIXES - Yield: 144 muffins **Zero Trans Fat**

Calcium enriched and Cholesterol-Free. Bran Muffin is fiber enriched over and above normal fiber content.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
535123	194427	6414106	Blueberry	12 @ 16 oz.	13.50 lb.
535133	194428	8414104	Bran	12 @ 16 oz.	13.50 lb.

HIGH PROTEIN: INSTANT PUDDING MIXES - Yield: 72 - 1/2 cup servings **Gluten-Free and Zero Trans Fat**

Excellent alternative to liquid supplements. And excellent supplemental source of High Quality Protein.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
528023	193389	7403116	Butterscotch	6 @ 16 oz.	8.00 lb.
528043	193390	8403115	Chocolate	6 @ 16 oz.	8.00 lb.
528063	193391	9403114	Lemon	6 @ 16 oz.	8.00 lb.
528083	193392	1403120	Vanilla	6 @ 16 oz.	8.00 lb.

HIGH PROTEIN EGG WHITES - Yield: 342 servings **Gluten-Free and Zero Trans Fat**

Sugar-Free, Cholesterol-Free, Fat-Free and Salmonella Negative. 100% pure egg whites.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
205073	229941	7402712	Hi-Pro Egg White Powder	6 @ 12 oz.	6.00 lb.

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SWEET 'N LOW PRODUCTS AND DAVIS COOKIES

CAKE MIXES - Yield: 12 - 8" round cakes

Zero Trans Fat



Sugar-Free, Low-Fat, Low-Sodium and Cholesterol-Free. Fast, simple preparation - requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
00200	192296	2141257	Chocolate	12 @ 8 oz.	7.50 lb.
00300	193424	7141245	White	12 @ 8 oz.	7.50 lb.
00400	193423	2194330	Lemon	12 @ 8 oz.	7.50 lb.
00500	193420	6141246	Banana	12 @ 8 oz.	7.50 lb.
00800	193425	3194339	Yellow	12 @ 8 oz.	7.50 lb.
00900	193422	4402699	Gingerbread	12 @ 8 oz.	7.50 lb.

Gluten-Free and Zero Trans Fat



FROSTING MIXES - Chocolate - 144 - 2 tbsp. Servings White - 168 - 2 tbsp. Servings

Sugar-Free, Low-Fat, Low-Sodium and Cholesterol-Free. Fast, simple preparation - requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
00600	193430	5194337	White	12 @ 7 oz.	7.00 lb.
00700	193429	6194336	Chocolate	12 @ 5.25 oz.	5.25 lb.

PANCAKE MIX - Yield: 330 - 3" pancakes

Zero Trans Fat



Sugar-Free, Low-Fat, Low-Sodium and Cholesterol-Free. Fast, simple preparation - requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
00100	193427	2402683	Pancake & Crepe Mix	12 @ 8 oz.	7.50 lb.

COOKIE MIX - Yield: 384 - 1 1/2" cookies

Zero Trans Fat



Sugar-Free, Low-Fat, Low-Sodium and Cholesterol-Free. Fast, simple preparation - requires only the addition of water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
00250	193426	1141258	Chocolate Chip Cookie Mix	12 @ 8 oz.	7.50 lb.

SYRUPS

Gluten-Free and Zero Trans Fat



Sweet 'N Low Sugar-Free and Fat-Free Syrups

Parve

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
800018	193089	8403156	Chocolate	12 @ 18 oz.	17.00 lb.
800218	193088	7403165	Strawberry	12 @ 17 oz.	17.00 lb.

DAVIS COOKIES - Yield: 100 per case

Zero Trans Fat

Individually wrapped Sugar-Free Cookies. Excellent texture, excellent flavor and more variety.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
558005	194997	839665	Chocolate Chip	100 per case	5.00 lb.
558015	244397	212705	Oatmeal	100 per case	5.00 lb.
558035	194999	1396670	Rocky Road	100 per case	5.00 lb.

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NUTRACEUTICALS

BER-NO-LAC - Yield: 16 gallons

Gluten-Free and Zero Trans Fat

A Lactose-Free milk replacement. Absolutely no lactose in Ber-No-Lac. Sold in powdered form. Easy to reconstitute.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
420023	193398	2403236	Ber-No-Lac	12 @ 16 oz.	16.00 lb.

BETACARE - Yield: 7-1/2 gallons

Gluten-Free and Zero Trans Fat

Can provide an exceptionally fine source of Beta Carotene with each 8 fl.,oz.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
418223	193400	3402963	Orange	12 @ 16 oz.	16.00 lb.

THICKENERS

THIXX - Yield: 8oz can - 300 - 9 gm. Servings; #10 can - 906 - 9 gm. Servings

Gluten-Free and Zero Trans Fat

An instant food and beverage all-purpose thickener. Can be used in both hot and cold beverages. Thickens pureed foods.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
420061	193431	8402968	Thixx Thickener	12 @ 8 oz.	10.00 lb.
420067	193432	3403318	Thixx Thickener	6 @ #10	23.00 lb.

ULTRA THIXX - Yield: 8 oz. - 600 servings; #10 - 1,212 servings.

Gluten-Free and Zero Trans Fat

Works almost instantly without the use of a blender. Add directly to food or beverage, then stir with a spoon, fork or whip.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
420081	193435	2197846	Ultra Thixx	12 @ 8 oz.	10.00 lb.
420083	193436	3199676	Ultra Thixx	200 @ 6.75 gr	4.40 lb.
420087	193437	7403314	Ultra Thixx	6 @ #10	17.00 lb.

HIGH FIBER

FIBER-IFFIC - Yield: 600 servings

Gluten-Free and Zero Trans Fat

Concentrated source of fiber particularly suitable for enhancing special diets. Flavor-less and non-gelling.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
420143	193439	1402973	Fiber-iffic Supplement	12 @ 7 oz.	9.25 lb.

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NON-DIETARY PRODUCTS

CAKE MIXES: ANGEL FOOD MIXES - Yield: 12 - 18" x 26" sheet pans. Zero Trans Fat

Convenient and time saving mix to use - no cracking of eggs or beating of egg whites - nothing to add but water.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
530037	220908	3348701	Angel Food Cake Mix, Chocolate	6 @ #10	29.00 lb.
530017	222091	3512662	Angel Food Cake Mix, Lemon	6 @ #10	29.00 lb.
530007	222092	6512669	Angel Food Cake Mix, Strawberry	6 @ #10	29.00 lb.
530027	220907	9215088	Angel Food Cake Mix, White	6 @ #10	29.00 lb.

COATING - 9,504 servings

Gluten-Free and Zero Trans Fat

Get the real flavor of butter, concentrated and dissolved in canola oil. Equals the flavor of more than 2 lbs. of butter.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
211001	134778	510644	Buttermist Pan Spray	6 @ 14 oz.	7.00 lb.
211031	236380	4623815	Garlic Buttermist Pan/Food Spray	6 @ 14 oz.	7.00 lb.

Gluten-Free and Zero Trans Fat

CUSTARD MIXES - Yields per case: E-Z Made - 621 - 1/2 cup servings; Instant Egg - 333 - 1/2 cup servings.

For E-Z Made, just add hot milk - stir - chill - serve. For instant, just add boiling water - NO BAKING.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
514027	194435	3415619	E-Z Made Egg Custard Mix	6 @ 3 lb., 12 oz.	25.25 lb.
514047	514047	5355995	Instant Egg Custard Mix	6 @ 3 lb., 12 oz.	25.25 lb.

GOOD VIBES THIRST QUENCHER MIX - Yield per case: 18-1/2 gallons.

Gluten-Free and Zero Trans Fat

Instant energy refresher formulated to provide a quick replacement of essential body fluids lost during heavy physical activity.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
413025	117727	3512761	Lemon-Lime	6 @ 24 oz.	11.00 lb.
413045	117728	3512779	Orange	6 @ 24 oz.	11.00 lb.
413065	117729	6512776	Red Punch	6 @ 24 oz.	11.00 lb.

SEASONING MIXES: RICE - Yield per case: 960 - 1/2 cup servings. Gluten-Free and Zero Trans Fat (except Chicken Pilaf)

Truly high-quality rice seasoning mixes containing all the necessary seasonings, flavorings and vegetables.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
301163	491384	5835136	Cheesy Mexican Rice Seasoning	8 @ 2 lb.	17.25 lb.
301133	331657	9441619	Chicken Rice Pilaf Seasoning Mix	8 @ 2 lb.	17.25 lb.
301123	333994	5441621	Oriental Rice Seasoning Mix	8 @ 2 lb.	17.25 lb.
301153	203732	3442076	Spanish Rice Seasoning Mix	8 @ 2 lb.	17.25 lb.

PUREED MEATS - Yield per case: 180 - 1 oz. servings

Gluten-Free and Zero Trans Fat

Ideal for patients or residents with feeding problems. Pureed Meats in Broth provides higher quality.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
208023	193408	2402725	Beef	12 @ 15 oz.	13.50 lbs.
208043	193409	8402729	Chicken	12 @ 15 oz.	13.50 lbs.
208063	193410	9402728	Ham	12 @ 15 oz.	13.50 lbs.
208123	193411	2402733	Pork	12 @ 15 oz.	13.50 lbs.
208143	193412	6402754	Turkey	12 @ 15 oz.	13.50 lbs.

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NON-DIETARY PRODUCTS

SEASONING MIXES

Vegetarian Taco - Yield: 438 - 2 oz. servings. Has zero cholesterol and is virtually fat-free.

Taco - Yield: 21 to 30 gallons. Simply mix with ground beef and water and garnish lettuce and tomato. Yum!

Jamaican Jerk - Yield: 2,385 - 1 gram servings. Sprinkle on pork, chicken or even potatoes - what a kick!

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
207227	178350	5510227	Vegetarian Taco Mix	6 @ 2 lb., 8 oz.	20.00 lb.
313103	138682	0540427	Taco Seasoning Mix	12 @ 14 oz.	11.40 lb.
315021	355722	5613765	Jamaican Jerk Seasoning	6 @ 14 oz.	6.00 lb.

SAUCE MIXES

Alfredo Sauce - Yield: 6.75 gallons. Simply combine with water, bring to a boil and simmer for one minute.

Spaghetti Sauce: Yield: 48 gallons. Your own tomato products and seasonings can be added to avoid over spicing.

Buffalo Wing Sauce: Yield: Approximately 2,385 - 1 gram servings per case. Season to taste and desired heat level.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
305503	126343	0463141	Alfredo Sauce Mix	12 @ 16 oz.	13.00 lb.
307085	138918	0542712	Spaghetti Sauce Mix	12 @ 21 oz.	17.00 lb.
306355	355714	5613682	Buffalo Wing Sauce Mix	6 @ 14 oz.	6.00 lb.

BRACH'S FRUIT SNACKS

Gluten-Free and Zero Trans Fat

9 pieces packaged for easy serving. Exempt under the Competitive Foods Regulation

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
556198	246086	1230408	Brach's Orchard Fruit™ Fruit Snacks	200 per case	13.25 lb.

BAVARIAN CRÈME MIXES

Gluten-Free and Zero Trans Fat

Yield: 840 - 1/2 cup servings. Add water or milk for a richer product. Use as a pie filling or frosting on Bernard Cakes.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
516057	489438	6820658	Bavarian Crème Mix - Caramel	6 @ 4 lb., 3 oz.	30.13 lb.
516027	211161	4574273	Bavarian Crème Mix - Chocolate	6 @ 4 lb., 3 oz.	30.13 lb.
516037	162058	0659078	Bavarian Crème Mix - Key Lime	6 @ 4 lb., 3 oz.	30.13 lb.
516047	211151	4574174	Bavarian Crème Mix - Lemon	6 @ 4 lb., 3 oz.	30.13 lb.
516077	489441	6820682	Bavarian Crème Mix - Mocha Cappucino	6 @ 4 lb., 3 oz.	30.13 lb.
516167	211154	4574208	Bavarian Crème Mix - Peach	6 @ 4 lb., 3 oz.	30.13 lb.
516187	016060	0035568	Bavarian Crème Mix - Rocky Road	6 @ 4 lb., 3 oz.	30.13 lb.
516087	162354	0659136	Bavarian Crème Mix - Strawberry	6 @ 4 lb., 3 oz.	30.13 lb.
516107	211132	4574034	Bavarian Crème Mix - Vanilla	6 @ 4 lb., 3 oz.	30.13 lb.
516177	218755	4586673	Bavarian Crème Mix - White Chocolate	6 @ 4 lb., 3 oz.	30.13 lb.

SOUP MIXES

Gluten-Free and Zero Trans Fat

Chicken Alphabet: Yield: 768 - 8 oz. servings. Rich chicken flavor with abundant alphabet noodles.

Tortilla: Yield: 102 - 8 oz. servings. Combines all the things you like in Mexican cooking - without all of the work.

BFI #	SPC #	APN #	Product Description	Pack Size	Weight
101057	355730	5613831	Chicken Alphabet Soup Mix	6 @ 4 lb.	29.00 lb.
112003	313564	4872982	Tortilla Soup Mix	6 @ 16 oz.	6.75 lb.